



Nova Scotia Association of Reflexology Practitioners

The Code of Ethics provides principles and the Code of Conduct provides guidelines for the attainment of optimum health for the profession, the individual and the community. A healthy community is envisaged as one within which all persons and institutions are respected, honored and empowered for their individual and common involvement. These Codes may also form the basis for discussion in the event of a formal complaint against a Member of the Nova Scotia Association of Reflexology Practitioners.

CODE OF ETHICS

The Professional Reflexologist shall:

A. With respect to self:

1. Maintain professional competence by continued study and development throughout their practice.
2. Endeavor to promote ongoing physical, mental, emotional and spiritual well-being.
3. Give thought to ensure their personal safety.

B. With respect to the profession:

1. Actively support the profession through membership and participation in the Nova Scotia Association of Reflexology Practitioners.
2. Abide by all Federal, Provincial and Municipal Laws governing the practice of Reflexology and support the repeal or revision of laws detrimental to the practice of Reflexology.
3. Conduct themselves and all aspects of professional practice in such a manner as to elevate the esteem of the profession.
4. Respect all ethical healthcare practitioners and their practices and assist them in their understanding of and appreciation for Reflexology and its many benefits.
5. Work amicably and co-operatively with other health care practitioners to actively promote health and natural healing.
6. Work within communities to develop an understanding and acceptance of Reflexology as a valuable health care practice and service.



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7. Acknowledge without prejudice or discrimination the inherent worth and individuality of each and every living being.

C. With respect to the Association:

1. Not use or exploit the Association for personal gain or benefit financial or otherwise, for self-promotion or publicity, or as a basis for advancing or espousing any beliefs which are contrary to the aims and objectives of the Association or are in conflict with the Code of Ethics.
2. Not seek to attract business unfairly or unprofessionally or in any way which would discredit the reputation of the Association or Reflexology.
3. Not speak or write disrespectfully of the Association or fellow member.
4. Submit themselves to appropriate action if they:
 - i. are convicted of a crime related to their profession as a Reflexologist or health care professional.
 - ii. continue to practice when they are no longer competent to do so due to physical, mental or emotional impairment and/or from the abuse of alcohol or other substances.
 - iii. fail to cooperate with the Association at any point from the beginning of a complaint deemed valid by the Association through to the completion of all proceedings with regards to that complaint.

D. With respect to clients:

1. Hold the health, safety and comfort of the client as a priority.
2. Provide services with compassion, respect and integrity.
3. Have open communication with the client in order to promote an honorable practitioner-client relationship.
4. Respect the confidential nature of all information within professional practice except where disclosure is required by law.
5. Respect the opinions, beliefs, customs and values of others and not impose their morals or beliefs on others.
6. Encourage clients to make their own health care choices and decisions.



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7. Present financial terms and agreements that are clear and understandable and conform to accepted professional practices.

CODE OF CONDUCT

The Professional Reflexologist Shall:

A. With respect to competent professional practice:

1. Ensure that their professional practice is fully covered by professional indemnity insurance against medical malpractice and public liability.
2. Represent accurately their education, training and experience relevant to professional practice and post credentials and policies for easy observation in their premises.
3. Not display designations pertaining to Reflexology after their names unless they are current members of a registered and approved organization such as the Nova Scotia Association of Reflexology Practitioners.
4. Provide only those services in which they have been specifically trained and are qualified to perform.
5. Not diagnose, treat for specific health conditions or prescribe unless qualified to do so by further education and training.
6. Keep confidential any information obtained in the course of professional practice except where disclosure is required by law.
7. Obtain client consent, maintain accurate documentation of sessions given to each client and keep complete financial records required by law.
8. Obtain written or verbal consent from a client before any electronic recording or permitting third party observation of the session.
9. Not make a relevant verbal or written statement known to be false or wrongfully withhold information thereby engaging in unethical conduct.
10. Not employ any device which physically violates the structural integrity of the skin or penetrates the body's orifices unless trained and qualified to do so.



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11. Not engage in harassment or exploitation, sexual or otherwise, of clients, students, employees or colleagues.
12. Not discriminate against or refuse professional service to any person – except when the Reflexologist justifiable fears for their personal safety.
13. Maintain good personal hygiene and maintain hygienic premises and equipment that conform to professional health standards.
14. Refer clients to other qualified healthcare practitioners when services required are outside their scope of practice.
15. Make no disparaging remarks concerning the practices, abilities or competence of other Reflexologists or healthcare practitioners.

B. With respect to financial arrangements:

1. Disclose fees prior to commencement of services and give reasonable notice of a change in fees.
2. Represent facts truthfully to clients and insurers regarding terms and conditions of services.
3. Not submit any fraudulent or misleading invoice for services rendered or to be rendered.

C. With respect to publicity:

1. Be accurate in their communications by any method to the public and not convey false, misleading or deceptive information through statements, testimonials, photographs, graphics, advertisements, publications, professional identification, etc. Such communications must not contain claims that cannot be substantiated.

D. With respect to scientific/medical research:

1. Follow ethical guidelines for clinical research adopted by the Nova Scotia Association of Reflexology Practitioners as set out in “A Guide in Securing the Quality of Research Projects for Alternative Therapists” – Edited by Lone Morch and Leila Eriksen 1997, Printed by Herman & Fisher A/S, Denmark ISBN 87-604-2594-2.



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2. Obtain signed and witnessed consent that describes in detail all information relevant to the subjects' participation before proceeding with clinical trials.